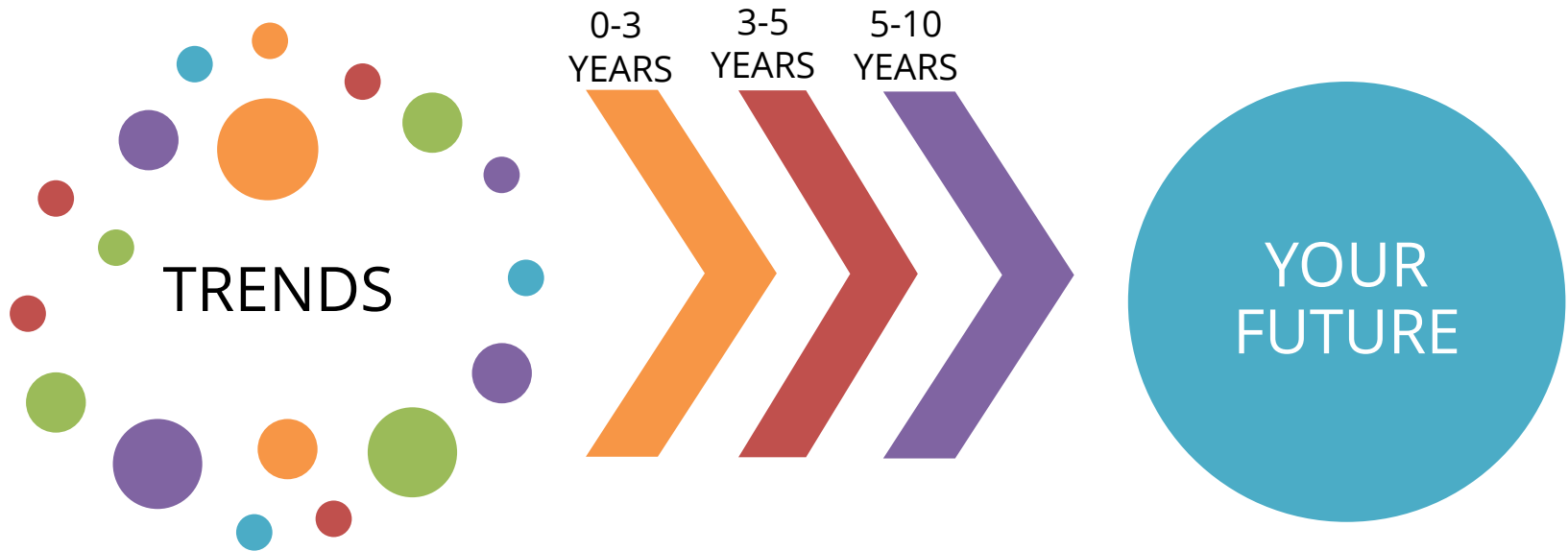




# 3 Simple Steps to Lead Into the Future, Today

This simple exercise will assist you to create the future you desire. Daydream for a moment; think about all of the trends you are currently aware of that may have an impact on your career over the next 3, 5 and 10 years in relation to the future you want to create?





# STEP 1

Let's start with the objective – creating the future you desire. Your goals, aspirations, your vision for the future. Think about these over the next 3, 5 and 10 years and list below. Be as specific as possible. What will be happening? How will you know you're there?



0-3 YEARS	3-5 YEARS	5-10 YEARS



## STEP 2

Now, set your mind free and scan for trends you are aware of that will, or may well have an impact on your career going forward. Be objective about this. List them all, whether you think they're great, terrible or middling. Anything that may have an impact on *you* and the future you want to create for yourself.

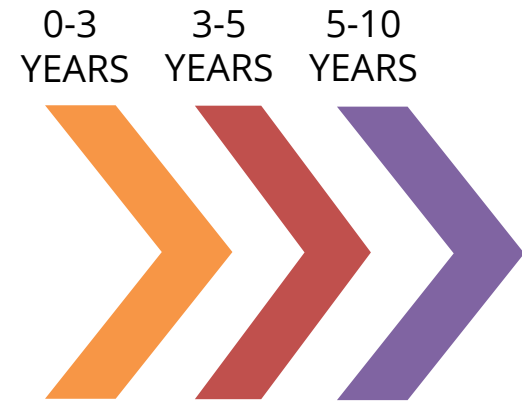


1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	



# STEP 3

Refine your list. Pick out the top three trends you believe will have a significant impact over the next 3, 5 and 10 years and *how*. Write down what you need to do *now* to be future ready.



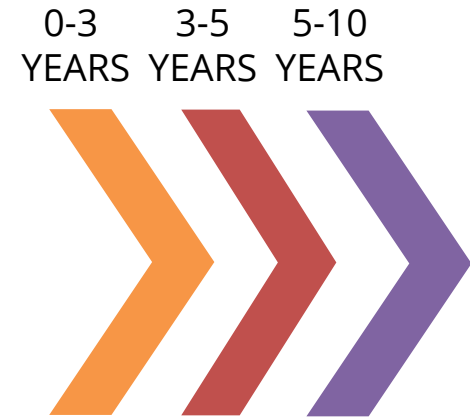
TREND	0-3 YEARS	3-5 YEARS	5-10 YEARS
1.			
2.			
3.			



# ACTION PLAN

List the actions you need to take either immediately or over the next three years in order to be future ready. Commit to doing each one by a specific date. Keep scanning and if one of the trends changes or becomes insignificant, or there is a new trend to consider, start with STEP 1 and do this exercise again.

Think of this as a living, breathing action plan to be adjusted as you, trends and external events shift and change.



TREND	ACTION(S) REQUIRED	BY WHAT DATE?
1.		
2.		
3.		



Did you find this exercise relatively easy or quite challenging from a “big picture thinking” perspective? If you would like to know how innovative, creative and agile you actually are, take the online [Lumina Learning Profile](#) to reveal your strengths and areas to improve.

NOTE: This is a simplified version of a trends tool, created specifically to assist you to think about your future career in relation to current trends. If you are familiar with horizon scanning, the STEEP model (or variations) and scenario building, please use these in conjunction with these 3 Simple Steps.

[Contact Louise](#) if you would like to explore futures and big picture thinking for yourself, your team or your organisation.

